

## PROJECT POSHAN UPDATE Fight Against Malnutrition



Malnutrition is a complex problem that requires a multifaceted and concerted response. Thus, this year we are focusing on creating an enabling environment for children by villages free from malnutrition with the participation of the whole community.

## INTERNATIONAL WOMEN'S DAY, 8TH MARCH

International Women's Day (IWD) is celebrated on the 8th of March every year around the world. Many organizations, including the United Nations, use this day to also celebrate extraordinary achievements of ordinary women. To encourage and motivate women and adolescent girls of the community, we commemorated International Womens Day at Anganwadi centres in Panvel and Karjat, Raigad.

At the commemoration, women achievers were invited to share their success stories with the community focusing on how they achieved their goals and where they have reached today.

- Child Development Project Officer (CDPO), Panvel Block- II, School Headmaster of Village school, Auxiliary Nurse Midwife(ANM), Advocate and school teachers shared their success stories with the community.
- A school girl from the Raigad Zilla Parishad School also shared an inspirational story on contribution of Indian Educationalist, Savitribai Phule.
- More than 80 women and adolescent girls in Panvel and 70 women in Karjat were present at the events.
- Female achievers from the village were also felicitated during the event for their extraordinary efforts and achievements.

Ms. Jyoti Gandhi is the Child Development Project Officer (CDPO) of Panvel Block- 2. Her journey of becoming the CDPO from supervisor is inspiring and motivational. During the IWD celebration she mentioned how she had to travel 30 km everyday for her studies. Sometimes she found it extremely difficult to get a local vehicle to reach her college. But that didn't stop her from fulfilling her dream. Now she is a CDPO, handling and coordinating with more than 140 Anganwadi centres of Panvel Block-2.







Above: Women and adolescent girls participated in the celebration



Above: Ms. Jyoti Gandhi CDPO, Panvel-2, addressing the event

## **Parents Meeting**



- The team conducted 24 parent meetings on ANC and PNC care and complementary feeding in the villages of Karjat and Panvel. 45 pregnant women, 56 lactating mothers and 129 community members attended these sessions.
- 51 one-on-one counselling sessions for the parents of SAM children were conducted by the team. The team counselled the parents about home based care of children with no clinical signs and locally available nutritious food for SAM children.

\*Details of parents' meetings conducted till 14th March.

## THANK YOU FOR SUPPORTING PROJECT POSHAN